



HOW TO SUPPORT LOCAL FOOD

DURING COVID-19

There are many ways, big and small, in which you can help!



1 BUY FROM LOCAL FARMERS & RESTAURANTS

Purchase produce from the Dane County Farmers Market [local food pick-up](#), which occurs twice-weekly at the Alliant Energy Center.

Buy [directly](#) from Dane County Farmers Market Farmers, or find [smaller markets](#) operating in person.

Find local farms, CSAs, and restaurants to support in REAP Food Group's "[Safer at Home Food and Farm Guide](#)."

Purchase [local plants](#) and grow your own food.

Safely visit Madison restaurants by utilizing their [new outdoor seating](#) or take an order to-go and enjoy it in one of Madison's [many beautiful parks](#).

Read about [more ways to support restaurants](#) during the pandemic (like buying gift cards).

2 DONATE TO FOOD-RELATED INITIATIVES

Donate to REAP Food Group's [Farm to Families Emergency Initiative](#).

Donate to [REAP Food Group](#) itself.

Donate to the [Madison Public Market](#), a diverse entrepreneurial initiative whose funding is threatened due to COVID-19.

Donate to a [Sierra Club fund](#) that is split between organizations distributing food and helping farmers.

Support restaurant workers directly by contributing to the [Madison Virtual Tip Jar](#).

[Find a local food bank](#), and see how you can donate or volunteer.

3 KNOW AND SHARE FOOD RESOURCES

Know where to find [free meals in Madison](#).

Explore [food access resources](#) from UW Extension.

Read about [food resources for students](#) on the UW-Madison campus.

Don't waste food! Read about strategies for [food waste reduction](#) during social distancing.

Find statewide information about [food, housing, and wifi assistance](#).

Practice better cooking at [home](#). Learning to use [less meat](#) and more [non-perishables](#) is important due to current limitations in our food supply (and helps out the [environment](#)!).